

Spinach & Avocado Fusilli **GFR, V**

(Ricotta Cheese, Almond and Green Pea Pesto)

Allergens – Gluten, Onion, Garlic, Dairy, Nuts

Fusilli Pasta

Ingredients

Fusilli Pasta, Dry

Method

Blanch to al dente.

Almond Pesto

Ingredients

Olive Oil, Basil, Garlic, Roasted Almond Flakes

Method

Blend all together, season to taste.

Pea Puree

Ingredients

Green Peas

Method

Blend coarsely.

Garnishes

Ingredients: Ricotta Cheese, Parmesan Shavings, Avocado Dices, Fresh Spinach Leaves, Almond Flakes, Olive Oil

Method: 1. Toss pasta in olive oil and toss pesto, pea puree, avocado, ricotta and spinach through.

2. Season to taste.

3. Garnish with almond flakes and parmesan shavings.

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